

## **Sports Achievements of Patanjali Rishikul**

**Session : 2023-24**

### **SPORTS AND GAMES**

We want our students to be fit and healthy. Yoga, sports and games play an important role in their health and well-being. Patanjali Rishikul offers Yoga, Basketball, Volleyball, Cricket, Badminton, Table Tennis, Billiards, Athletics and Indoor games before and after the regular school hours. Throughout the year, the students participated in various District, State and National Level competitions and won accolades for the school by their excellent performance on the field.

### **SPORTS ACHIEVEMENTS**

1. In a remarkable achievement, Patanjali Rishikul Girls' Volleyball Team defeated the first year Engineering students of MNNIT and won 2<sup>nd</sup> position with Silver Medal in the Volleyball Premier League 2023 organised by MNNIT on 21<sup>st</sup> April, 2023.
2. To encourage maximum participation in Sports and Games, Patanjali Rishikul took the initiative to organise Premier League matches in different games. In the Basketball League, a total of 9 teams of Boys and 7 teams of Girls participated whereas in the Volleyball Premier League, a total of 6 teams for the boys and 4 teams for the girls participated from 30<sup>th</sup> April to 22<sup>nd</sup> May, 2023. The winning teams were felicitated with Trophies, Medals and Certificates of merit.
3. In July 2023, Rishikul girls' and boys' Basketball team participated and won Gold Medals in the Zonal basketball Championship and qualified for Sub-junior Uttar Pradesh State Basketball Championship 2023.
4. Students of Patanjali Rishikul participated in Milestones 2023 organised by TPS on 12<sup>th</sup> August, 2023 and bagged the First Prize in Table Tennis.

5. Patanjali Rishikul proved its excellence in Prayagraj Regional Sports Championship 2023-24 organized by STAIRS Foundation on the 26<sup>th</sup> and 27<sup>th</sup> August, 2023.

Under 14yrs category the Boys Basketball team registered an emphatic win and received a Gold Medal after defeating Delhi Public School, Prayagraj.

Under 14yrs category the Girls Basketball team defeated Sanskar Public School to win a Gold Medal.

Aviral Singh of class V secured a Gold Medal in Table Tennis after defeating a participant of Gurukul Montessori under 11 yrs Boys category while Atharva Sharma of class VII secured a Gold Medal in Table Tennis after defeating a participant of YMCA under 14yrs Boys category.

Under 14yrs Girls' category of Badminton event, Brinda Kandpal of class VI defeated the host school, Gurukul Montessori and won a Gold Medal. Pratyush Sonkar of class IV participated in Badminton Under -9yrs category and won the Runner Up position.

6. On 2<sup>nd</sup> September 2023, Brinda Kandpal of class VI bagged a Gold Medal and the Winner's Trophy under 13 yrs category Girls Singles Badminton event in 2<sup>nd</sup> Sadbhavana Cup 2023 held at M.R.S. Badminton Academy, George Town, Prayagraj.

7. In another event, Abhishek of Class IX won the Winner's Trophy under 15 yrs category Chess Championship in Late Hemlata Agrawal Memorial Open District Chess Tournament held at K.P. Sports Stadium, Prayagraj.

8. In the month of September 2023, Anushree Gupta of class VII won a Gold Medal in the District Swimming Championship.

9. In September 2023, Patanjali Rishikul Girls' Basketball Team reached the finals of Luv Srivastava Memorial School Basketball Competition held at Mayo Hall Sports Complex. The team was felicitated with the 2<sup>nd</sup> Runner Up Trophy by the Commissioner, Prayagraj.

10. In the 20<sup>th</sup> District Taekwondo Championship held at Vashisht Vatsalya Public School, Prayagraj, Patanjali Rishikul got the Champions Trophy in Poomsae category and stood 3<sup>rd</sup> in Kyorugi category and were felicitated with a trophy. Overall, the school received 12 Gold Medals, 5 Silver Medals and 17 Bronze Medals.

11. This year many students participated in CBSE Sports Cluster held from 18<sup>th</sup> to 20<sup>th</sup> October, 2023 and won many medals. The Girls Volleyball Team won the Bronze Medal at ML Public School, Magraha, Sarnath, Varanasi. The Girls' Volleyball Team defeated many schools to

reach the semifinals where they played against the last year's Champion team of BN Public School, Varanasi.

12. In CBSE Zonal Taekwondo Championship 2023 held from 24<sup>th</sup> to 27<sup>th</sup> October, 2023 at Sunbeam, Babatpur, Varanasi, Saumya Agrawal of class XI procured a Silver Medal under 17 yrs Girls' category and Aaradhya Singh Parmar of class VII won the Bronze Medal under 14 yrs Girls' category.
13. In the CBSE Zonal Table Tennis Championship 2023 held from 27<sup>th</sup> to 29<sup>th</sup> October, 2023 at R.S. World School, Varanasi, under 17 yrs category Girls team of Patanjali Rishikul achieved a Silver Medal in a team event and a Bronze Medal in an individual event. The Boys team under 14 yrs category won over a Bronze Medal in the team event. Moreover, five students of Patanjali qualified for CBSE National Level Cluster Games.
14. In the month of December 2023, at the State Level Sports Championship held at Ghaziabad by STAIRS Foundation, the students of Patanjali Rishikul made a remarkable achievement by qualifying for the National Level Championship under 14 yrs Girls & Boys categories of Basketball as well as Table Tennis.
15. Uttam Agrawal of Class II participated in the 2<sup>nd</sup> Golden Bharat Cup Karate Tournament held in New Delhi on January 28<sup>th</sup>, 2024 under 8 yrs category and won Gold, Silver and Bronze Medals in different game styles.

### **REPORT ON NCC ACTIVITIES**

The 4/16 coy NCC group of Patanjali Rishikul is functioning under the 16UP Batallion. There are a total of 100 cadets enrolled under Junior and Senior Division. This year, a total of 16 students received the A certificates while 15 students received the B Certificate.

The NCC cadets of Patanjali Rishikul took part in a number of programmes throughout the year organised by the Battalion. Students attended the Combined Annual Training Camp for the year 2023-24 which was held at R.B.D.L., Nawabganj, Prayagraj. Many of the cadets won Gold and Silver medals and Certificates in sports and co-curricular activities organised during the camp.

<b>S. No.</b>	<b>Names</b>	<b>Class</b>	<b>Activity</b>	<b>Achievement / Medals</b>
1	Vinayak Singh	12B	Company HawaladarMajor (CHM)	<b>Gold</b>
2	Shashwat Shukla	12A	Flag Area Briefing	<b>Gold</b>
3	Bhavya Dubey	12A	Volley Ball - Best player and Winner	<b>2 Gold</b>
4	Shreya	12A	Volley Ball	<b>Gold</b>
5	Tejasvini	9C	Tug-o-war and Volley Ball – Best Player	<b>2 Gold</b>
6	Aditi Jaiswal	9C	Shooting	<b>Gold</b>
7	Pragya Singh	9C	Flag Area Briefing	<b>Gold</b>
8	Shashank Shekhar Singh	9A	Volley Ball	<b>Gold</b>
9	Prachi Tiwari	9C	Shooting and Tug-o-war	<b>Silver and Gold</b>
10	Bhavya Dubey	12A	Shooting	<b>Silver</b>
11	Bhavya Dubey	12A	Tug of war	<b>Silver</b>
12	Shreya	12A	Tug-o-war	<b>Silver</b>
13	Yashraj Singh	12B	Tug-o-war	<b>Silver</b>
14	Siddharth Rai	12A	Tug-o-war	<b>Silver</b>

Two of the cadets, Garima Dayal of class 12A and Prachi Tiwari of class 9C participated in Inter Group District Shooting Competition and got successfully selected for the ten-day advanced training at Rajput Regiment Centre, Fatehgarh, U.P.

Another student, VanshiKa Pandey of class XI C was selected as a cadet in the Guard of Honour in the 75<sup>th</sup> Republic Day Parade at 16 UP Battalion.

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