

**Patanjali Rishikul**  
**Teachers' Training Details**  
**Session : 2023-24**

## **ENRICHMENT PROGRAMMES FOR EDUCATORS**

As per NEP 2020, all the teachers have to complete a total of 50 hours of training for their capacity building and professional development. Following is the list of Seminars and workshops organised in the academic year 2023-24 for teachers.

### **1. Gita Classes**

The regular and life transforming Gita classes were conducted by the Honorary Secretary, Maharshi Patanjali Group of Schools, Dr. Krishna Gupta and Shri Surendra Nath Dwivedi ji. They guide the teachers with a verse-by-verse insightful explanation of different chapters of Shrimad Bhagwad Gita in a lucid and simple style.

### **2. Energy Session with Madam Aditi Kohli**

On 29<sup>th</sup> April, 2023 the teachers attended an insightful talk and meditative session with the dynamic Energy Coach, Healer and Mentor, Madam Aditi Kohli on the topic- 'Creating a Vision for life'. She empowered the teachers to let go of their negativity and embrace positivity.

### **3. National Conference on Vasudhaiv Kutumbakam**

The teachers attended a National Conference on C20 2023, organised by Maharshi Patanjali Group of schools and Chinmaya Mission, to celebrate the spirit of 'Vasudhaiva Kutumbakam' - 'One Earth, One Family, One Future' at Ganga Gurukulam on 14<sup>th</sup> May, 2023 with the sub-themes 'Education', 'Ecology & Regenerative development' and 'Art, Culture and Literature' for deliberations. The event was graced by Swami Mitrananda ji from Chinmaya Mission, Chennai. Honorary Secretary, Maharshi Patanjali Group of Schools, Dr. Krishna Gupta, many

eminent educationists, judges and administrators were present as Chairpersons and Speakers. Dr. Krishna Gupta delivered the welcome address whereas Swami Mitranandji presented the closing remarks.

In continuation of the National conferences, the International Conference on Vasudhaiva Kutumbakam was held at Mahabalipuram, Chennai from 27<sup>th</sup> to 29<sup>th</sup> May, 2023. Honorary Secretary of the Maharshi Patanjali Group of Schools, Dr. Krishna Gupta and the Principals of the Patanjali Group of Schools were invited to attend the session.

#### **4. CBSE Workshop on Induction Training**

A 2-day Centre of Excellence (COE), CBSE, workshop on Induction Training based on CBSE bye laws, Assessment and CBSE Portals was held in school on the 25<sup>th</sup> & 26<sup>th</sup> November, 2023. The Resource Persons were Dr. Mamta Singh, Principal, Jeevandeep Public School, Varanasi and Ms. Paramjit Kaur, Principal, Seth M.R. Jaipuria, Pratapgarh.

#### **5. Interactive Session with Brahmachari Ved Chaitanya ji**

Patanjali Rishikul teachers attended an interactive session by Bhramachari Ved Chaitanya ji of the Chinmaya International Foundation organised by the Maharshi Patanjali Group of Schools on 29<sup>th</sup> January, 2024. He talked about the difference between what one deserves and what one desires. He emphasised on Indian scriptures for wisdom to navigate through the challenges of life.

#### **6. Orientation-cum Training Workshop for the Master Trainers on Foundational Stage**

On 3<sup>rd</sup> and 4<sup>th</sup> July 2023, Mrs. Chhama Chaurasia attended an Orientation-cum Training workshop for the Master Trainers on Foundational Stage for CBSE schools organized by CIET, NCERT, New Delhi (Department of Elementary Education).

#### **7. A session on Value Education : A Journey Towards Self**

To achieve the pledged endeavour of promoting value-based education in the school, a one-day workshop on the theme 'A journey towards self-betterment in the light of NEP, 2020' was organised by the Patanjali Group of Schools at R.K.Hall on 18<sup>th</sup> March, 2023 with Ms. Gagandeep Kaur, a renowned clinical psychologist as the resource person.

## **8. Online Session on Life & Works of Advaita Acharya**

Rishikul teachers attended an online session on 'Life & Works of Advaita Acharya, Swami Chinmayananda ji' with Swami Chidrupanandji as the resource person on 22<sup>nd</sup> and 23<sup>rd</sup> July 2023.

## **9. Talk on Dealing with Science of Mental Health**

Ms. Jyoti Arora and Ms. Vijaya Tiwari attended a 'Talk on Dealing with Science of mental Health' organised by Rotary Allahabad Midtown by Swamini Vimalananda, as the resource person, on 29<sup>th</sup> August, 2023.

## **10. Assessment Strategy under the New NCF**

On 15<sup>th</sup> September 2023, many teachers attended an insightful webinar on 'Assessment Strategy under the New NCF' organised by CBSE, COE with the Former Chairman of CBSE and Renowned Educationist, Mr. Ashok Ganguly as the resource person.

## **11. Daastan-e-Ram**

On 29<sup>th</sup> October 2023, Rotary Club of Prayagraj organized an Utsav- Daastan-e-Ram at Ganga Gurukulam which was attended by the Principal and few teachers of Patanjali Rishikul. A professional dance group performed a dance-drama depicting the life of Lord Rama.

## **12. Early Childhood Care and Education**

On 24<sup>th</sup> November 2023, the Primary teachers attended a webinar on Early Childhood Care and Education (ECCE) by the Department of Elementary Education, NCERT and National Agency of Education, Finland.

### 13. A Session on ‘Schools in the changing context: Challenges and Possible Solutions’

Rishikul teachers attended a 4-day workshop organised by Maharshi Patanjali Group of Schools in association with Swaraj Vidyapeeth on ‘Schools in the changing context: Challenges and Possible Solutions’. The resource person was Professor Rajiv Sharma from IIM, Ahmedabad while other eminent speakers included Professor R.C Tripathi, Gita Sharma and Swapnil Srivastava from Swaraj Vidyapeeth. The whole program was coordinated and anchored by Principal of Patanjali Rishikul.

### 14. An Awakening Talk on Principles of Karma Yoga

The three day Gita Gyan Yagya on Principles of Karma Yoga organized by the Maharshi Patanjali Group of Schools at Patanjali Nursery School, for all the teachers ended on 3<sup>rd</sup> April, 2024. The Resource Person was who Director, All India Youth Center North Zone, Chinmaya Mission, Swami Chidrupanandji enlightened everyone with the knowledge of the Geeta. He explained that the deeds which are done with a sacrificial intention for the sake of pleasure, are the only deeds which are free from bondage. Through many videos, inspirational stories and authentic reasons, he gave the message of performing Karma Sadhana with detached emotions and without ego. Honorary Secretary, the Patanjali Group Secretary, Dr. Krishna Gupta expressed her gratitude to Swamiji for the detailed and vivid explanations he provided.

**Other Capacity Building Programmes for the teachers were as follows-**

S.N	Date(s)	Capacity Building Programme	Resource Person and Venue	Organised By	Attended By
1.	4.2.23	Learning outcomes and Pedagogies	RP- Ms. Archana Singh and Dr.Pavee Tripathi at MPVM	CBSE COE Prayagraj	Ms. Chhama Chaurasia and Miss Vijaya Tripathi
2.	3.3.23	Online Capacity Building Programme –	RP- Prof.Suniti Sanwal, Prof. Anup Rajput, Dr. Romila Soni, Prof. Indu	CIET and NCERT	All teachers of class I

		JaaduiPitara	Kumar		
3.	March, 2023	Artificial Intelligence	RP -CBSE Officials	CBSE COE	All teachers of classes IX -XII
4.	3.5.23	English workshop	RP- Mr Anil Kumar Tripathi at MPVM		English teachers of classes 1 to 8
5.	29 <sup>th</sup> June – 2 <sup>nd</sup> July, 2023	Workshop on Schools in the changing context: Challenges and Possible Solutions	RP –Prof.Rajivsharma Venue- PR	Maharshi Patanjali Group of Schools	All teachers
6.	30.8.23	Shiv Shakti	RP- SwaminiVimalananda	Chinmaya Mission	Ms. Rita Agarwal and Ms. Mamta Chaurasia
7.	2.12.23	Workshop on Leaders as Pillars of Competency Based Education	RP- Priya Gambhir	Navneet Education Ltd.	Ms Richa Trivedi
8.	November, 2023	Fire Training	Patanjali Rishikul	Patanjali Rishikul	All teachers and Office Staff
9.	11.1.23	Webinar on Play-Based Learning During Foundational Stage	Senior Faculty of NCERT	Department of Elementary Education, NCERT	All Primary teachers

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